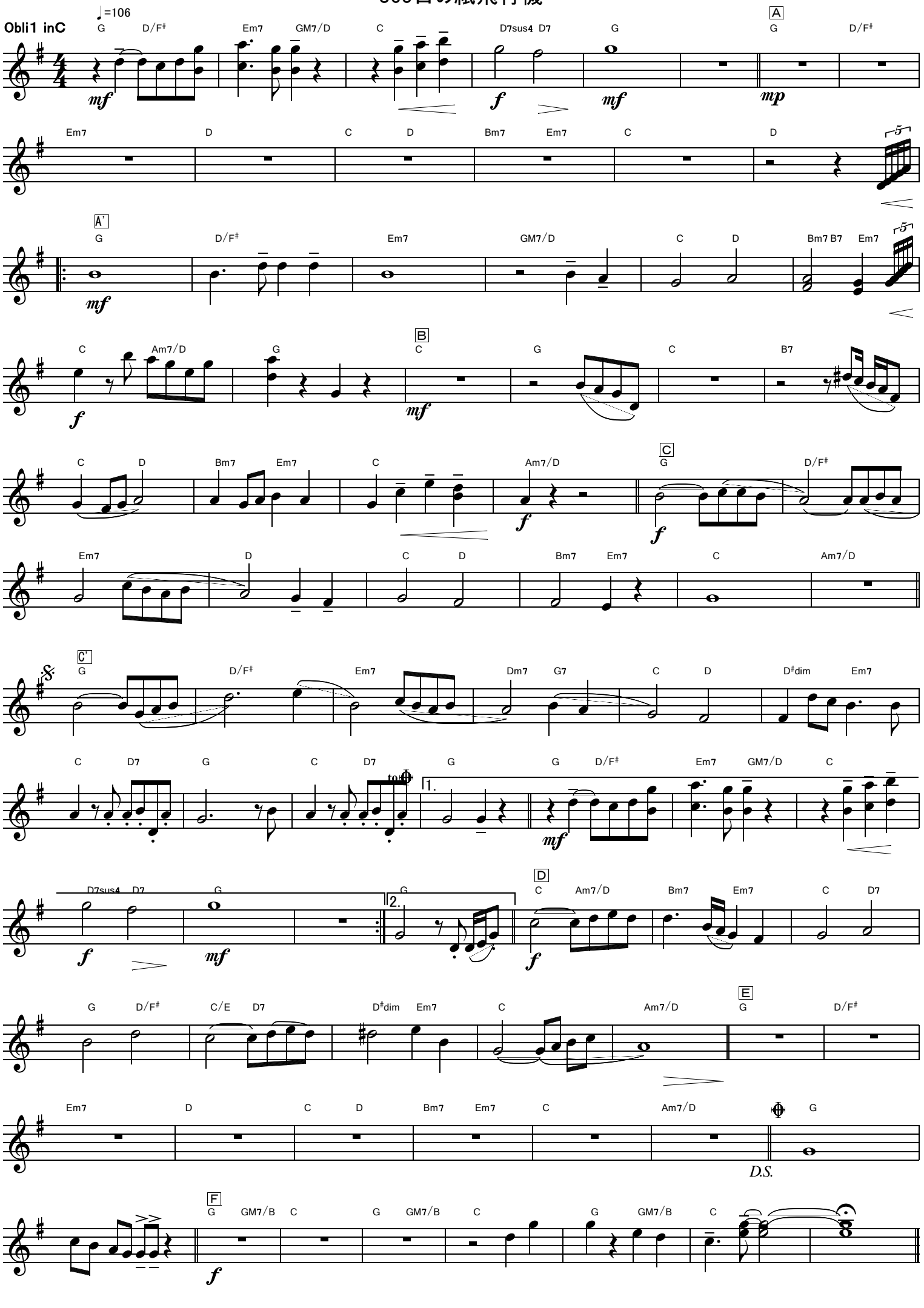365日の紙飛行機